
BIRKEBEINER BULLETIN



Volume 32
No. 4
July 2009

Official newsletter of the Birkebeiner Nordic Ski Club

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Club Coaching Days

- | | |
|--|---|
| 1. Sunday 28 th June 11:00am | 2. Sunday 19 th July 1:00pm |
| 3. Sunday 2 nd August 11:00am | 4. Saturday 22 nd August 11:00am |

Our club coaching days are available to all BNSC members who would enjoy improving their skiing skills. Instructors try to cater for learners as well as advanced skiers.

Please contact WINDY Corner Ski Centre, 57583408 by 4:00pm on the Friday before the coaching day so they can allocate either one or two instructors.

Meeting Place: Race Hut in Nordic Bowl

Time: 11:00am except for 1:00pm on 19th July

For our midseason dinner bring your festive spirit along to:

Christmas in July at Roi's Thursday 30th July

TRADITIONAL FEAST

MAIN COURSE

Roi will cook you a delicious feast of hot ham, roast turkey breast, and roast beef.

These will be accompanied by special sauces, gravy and chutneys which Roi will create for each meat.

A vegetarian option will be available and roast vegetables will accompany the meats.

DESSERT

Plum puddings with hot brandy custard or lemon tart or Roi's tiramisu for those who prefer.

\$25 pp (subsidised by BNSC). Drinks extra.

RSVP: by Sunday 26th July to Ronice Goebel Ph: 57 544 910

Bush Search and Rescue Victoria 2009 Practices

With lots of our new members volunteering for our S&R it is an opportune time to attend either of the two official S&R Practices.

For our BNSC Members, the Steep Snow and Ice Practice at Mt Hotham would be a priority. A large number of our searches over the last 26 years have been in the Mt Hotham area.

Please contact Philip Evans 03 57544086 or email joan.evans@bigpond.com

Prior to 8th July if you can attend.

nb: Birkebeiner S&R has 6 ice axes and crampons available for S&R members.

Steep Snow & Ice Training Weekend Sat 18 and Sun 19 July 2009

Venue: Mount Hotham

Transport: Bus will be provided, departing 6am Sat 18 July from Green St Northcote.

Steep snow and ice rescue practice covering the use of avalanche beacons, overnight snow camping and a rescue scenario at Mount Loch. Skis and snow camping equipment along with personal ice climbing gear is required.

Contact your delegate, Philip Evans, to register by 8th July

2009 Training Weekend 10th-11th October

Search and Rescue Delegates are asked to Promote this practice in the Club and to encourage existing and potential members to attend.

This weekend provides Bush Search and Rescue Victoria members with training in the essential skills of bush searching through a series of workshops and a search scenario. The event will take place in the Wombat State Forest, North West of Melbourne.

Who should attend

Members and potential members who meet the BSAR prerequisites for searchers (*see our website for details*).

Transport & Parking (this info useful for Melbourne members)

Bus provided by Police Transport Branch. Seats will be allocated on receipt of application. Pick up point and parking is at the Police Bands Compound, Green Street, Northcote at 0700 hrs Saturday morning. The bus will return to the pick up point at approximately 1800 hrs on Sunday.

What to bring

Bring normal equipment for day walking and base camp on Saturday night. Bring clothes and equipment suitable for off track walking. Maps of the area will be supplied. Bring your copy of the Search & Rescue manual.

Any Questions?

If you have any questions about the weekend, please don't hesitate to ring or email Ross, Duncan or Frank.

Ross McKinnon Hm 9807 8744 rmk@gwsc.vic.edu.au

Duncan Brookes Hm 03 9379 6163 dbro7100@bigpond.net.au

Frank Zgoznic Hm 9350 3619 convener@bsar.org

Attendance Confirmation

Club members should register with their Club Delegate, **Philip Evans**. Delegates, please email Ross with the name, email address and mobile phone number of each of the participants from your Club before Wednesday 30th September.



Birkebeiner Nordic Ski Club Inc.

Membership Form 2009

Name:Date:

Address:Postcode:.....

Postal Address:

Telephone:Email:

Family members (family. m'ships):

I wish to get my newsletter from the my connected community website (mc2.vicnet.au)

FEES

Annual membership fees

<input type="checkbox"/>	Family	\$66.00 (including fulltime under-graduates)	<input type="checkbox"/>	Family 5 year	\$330.00
<input type="checkbox"/>	Singles	\$33.00	<input type="checkbox"/>	Single 5 year	\$165.00
<input type="checkbox"/>	Students	\$20.00 (fulltime)	<input type="checkbox"/>	Associate*	\$20.00

*Intended for existing members who no longer ski, nor use the club house, but would like to remain club members and receive the newsletter, or for new search and rescue squad members who do not require the use of club facilities.

Please make cheques payable to BNSC and send to:

**The Membership Secretary,
BNSC,
Box 192,
Mt Beauty 3699**

Fees are due on June 1 and are payable by the end of June.

The club offers the following activities and services to members: • a day clubhouse facility at Falls Creek, a junior ski squad, • learn to ski days, • social activities, • a search and rescue squad, • races at club, state and national level, • the annual Worldloppet event, the Kangaroo Hoppet. The club advises the Falls Creek Alpine Resort on XC matters.

Ski De Femme

Sunday July 5th 2009

Birkebeiner Nordic Ski Club presents
an event for women and girls at falls creek

NO BOOKINGS NECESSARY JUST ROLL UP ON THE DAY

It would be helpful for 'groups' to let us know

10am Start Meet in the Nordic Bowl
Free coaching clinics - classic and skating
12pm Fun races for women and girls

enter - in the Nordic Bowl just before the races

please bring correct money to the nordic bowl...**great spot prizes to be won!!**

juniors (U20): \$5 Single: \$10 Family: \$20

Course choice of: 1km, 2.5km, 5km

2pm Presentations Windy Corner Day Shelter!



SKI DE FEMME
SKY DE FEMME

NOTE: A TRAIL PASS MUST BE PURCHASED

It's fun!! Come and try it

contact Ronice Goebel: h. 03 57544910
m. 0409332642

2009 AUSTRALIAN CROSS COUNTRY SKIING RACE CALENDAR

Day	Start	Race	Location	Contact	Contact No.
June					
Sun 28	10:30am	Junior Joey Series 1	Falls Creek	Jenny Kromar	0439 999 788
July					
Sat 4	11:00am	Paddy Pallin Junior (F) 0.5-2.5km	Perisher	Tony Greville	02 4844 5047
Sat 4	10:00am	Birkebeiner Classic 2.5/5/10km	Falls Creek	J Bottomley	03 5754 1101
Sun 5	10:00am	Ski de Femme (F) 1/2.5/5km	Falls Creek	Ronice Goebel	03 5754 4910
Sun 5	11:00am	Cooma Clean Out the Cobwebs (F) 5km	Perisher	Anthony Evans	0428 484 119
Sat 11	10:00am	ACT Open/Junior Champs (C) 2.5/5/10km	Perisher	P Cunningham	0411 129 363
Sat 11	11:00am	Snowgum Wodonga High Plains Tour(F) 2.5/5/10 #	Falls Creek	Len Budge	0417 352 845
Sun 12	9:00am	NSW Open/Jun Team Sprint (C)	Perisher	Toni Hulme	02 9594 0285
Sun 12	11:00am	Cooma Clean Out the Waxbox (C) 5km	Perisher	Anthony Evans	0428 484 119
Sun 12	11:00am	YMCA Howmans Gap Victorian Interclub Relay Championships (C/F) 5/2.5km #	Falls Creek	Len Budge	0417 352 845
Sat 18	10:00am	Vic Junior Championships (C) 2.5/5/10km **	Falls Creek	Ben Derrick	0400 110 046
Sat 18	9:00am	Come & Try XC Skiing open day	Perisher	P Cunningham	0411 129 363
Sat 18	11:00am	Cooma Open (F) 10km	Perisher	Anthony Evans	0428 484 119
Sun 19	10:00am	Vic Junior Sprint Champs (F) **	Falls Creek	Ben Derrick	0400 110 046
Sun 19	9:00am	NSW Interschool Races (Nthn, Sydney and ACT)	Perisher	Peter Ward	02 6457 1161
Sun 19	1:00pm	Lake Mountain Mini Series 1 (F) 0.5/1.5/2.5km	Lake Mountain	Malachy O'Dolan	03 577722432
Wed 22	1:30pm	Paddy Pallin Junior Shield (C) 0.5/3km	CharlottesPass	Rex Cox	02 6457 5223
Fri 24	10.00am	Aust Open/Junior Pursuit Champs **	Perisher	Toni Hulme	02 9594 0285
Sat 25	9:30am	ACT Sprint Champs (C) Open/Jun ** CC/FIS	Perisher	P Cunningham	0411 129 363
Sun 26	10:00am	Aust Team Sprints (F) Open/Jun *** CC/FIS	Perisher	P Cunningham	0411 129 363
Sun 26	10:30am	Junior Joey Series 2	Falls Creek	Jenny Kromar	0439 999 788
Sun 26	11:00am	Inter-schools Classic (C) 0.5/1.5/2.5km	Lake Mountain	Rob Osborne	03 9813 4860
Sun 26	1:00pm	Lake Mountain Mini Series 2 (F) 0.5/1.5/2.5km	Lake Mountain	Malachy Dolan	03 577722432
August					
Sat 1	11:00am	Hotham to Dinner Plain (F) 12km #	Mt Hotham	Mick Sinclair	03 9398 0316
Sat 1	10:00am	NSW Nordic Cabramurra Tour (C) 15km	Cabramurra	Warren McCourt	02 6242 6613
Sat 1	10:10am	NSW Nordic Cabramurra Juniors (C) 7.5km	Cabramurra	Warren McCourt	02 6242 6613
Sun 2	10:00am	NSW Open/Junior Champs (F) 2.5/5/10/15km	Perisher	Toni Hulme	02 9594 0285
Sat 8	9:30am	Aust Sprint Champ's Open/Jnr (F) *** CC/FIS	Falls Creek	J Bottomley	03 5754 1101
Sat 8	9:00am	Victorian Biathlon Championships – Distance (F)	Mt Hotham	Alan Hope	03 9325 1816
Sat 8	10:00am	ACT Ski De Femme	Perisher	R Cunningham	02 6299 9641
Sat 8	11:00am	Justoyota Stirling Silver (F) 5/15 km #	Mt Stirling	Martin Boland	0408 693 975
Sun 9	10:00am	Aust Open 15/30 km Champs (F) * CC/FIS	Falls Creek	J Bottomley	03 5754 1101
Sun 9	10:00am	Falls Creek Junior Cup 2.5/5/10 (F) **	Falls Creek	J Bottomley	03 5754 1101
Sun 9	9:00am	Victorian Biathlon Championships – Sprint (F)	Mt Hotham	Alan Hope	03 9325 1816
Sun 9	11:00am	City Tatts Nottage Int. Boonoonna Open (C/F) 5km	Perisher	Carl Melvey	02 9130 3309
Sun 9		Vic Interschool XC Championships	Mt Buller	Rob Osbourne	03 9813 4860
Mon 10	6:00pm	NSW Night Relays (F)	Perisher	Peter Ward	02 6457 1161
Wed 12	11:00am	KAC X-C Classic (C/F) 8.5km	Perisher	Sue Clark	02 9411 5974
Thu 13	11:00am	Sundeck Handicap Race (F) 7.5km	Perisher	sundeckho- tel.com.au	
Thu 13	11:00am	Charlotte Pass Open (C) 5km	Charlottes Pass	Sue Clark	02 9411 5974
Sat 15	10:00am	Aust Open/Jnr 2.5/5/10 (F) *** CC/FIS	Perisher	Toni Hulme	02 9594 0285
Sat 15	11:00am	Bullfight Charge (F) 3.5/8km #	Lake Mountain	Malachy O'Dolan	03 577722432
Sat 15	1:00pm	Lake Mountain Mini Series 3 (F) 0.5/1.5/2.5km	Lake Mountain	Malachy O'Dolan	03 577722432
Sun 16	10:00am	Aust Junior Championships 2.5/5/10/15 (C) **	Perisher	Toni Hulme	02 9594 0285
Sun 16	10:00am	Aust Open Championships 10/15km (C) */CC/FIS	Perisher	Toni Hulme	02 9594 0285
Sun 16	10:30am	Tullincouty/St Phillack Cup (F) 5/8km #	Mt Baw Baw	Warwick Davis	03 97445987
Sat 22	9:00am	Australian Biathlon Championships – Distance (F)	Mt Hotham	Alan Hope	03 9325 1816
Sat 22	9:30am	Snowy Mountains Classic (F) 2.5/7.5/15/30 km	Perisher	P Cunningham	02 6299 9641
Sun 23		ANC NZ Continental Cup 10/15km (C) CC/FIS	Waioriau NZ		
Sun 23	9:00am	Australian Biathlon Championships – Sprint (F)	Mt Hotham	Alan Hope	03 9325 1816
Sun 23	10:00am	The Wallaby & The Wombat 15/7km (F)	Falls Creek	Race Secretary	03 5754 1045
Sun 23	10:30am	Junior Joey Series 3	Falls Creek	Jenny Kromar	0439 999 788
Mon 24		ANC NZ Continental Cup Sprint (F) CC/FIS	Waioriau NZ		
Tue 25		ANC NZ Continental Cup 5/10km (F) CC/FIS	Waioriau NZ		
Wed 26	9:00am	NSW Interschool Races	Perisher	Peter Ward	02 6457 1161
Thur 27	6:00pm	Falls Creek Invitation Night Sprints	Falls Creek	Race Secretary	03 5754 1045
Sat 29	9:30am	Kangaroo Hoppet (F) 42km CC/FIS	Falls Creek	Race Secretary	03 5754 1045
Sat 29	9:40am	Australian Birkebeiner (F) 21km	Falls Creek	Race Secretary	03 5754 1045
Sat 29	9:50am	Joey Hoppet (F) 7km	Falls Creek	Race Secretary	03 5754 1045
September					
Wed 2 – Fri 4		Aust Secondary Schools Ski Team Champ's			
Sat 5	10:30am	Charles Derrick Memorial Langlauf (C) 10/5km #	Mt Hotham	Ben Derrick	0400 110 046
Sun 6	10:00am	Canberra X-C Ski Club Kosciusko Tour (C) 18km	Thredbo	Jo-Anne Clancy	0411 156 959
Sun 6	10:30am	Junior Joey Series 4	Falls Creek	Jenny Kromar	0439 999 788
Wed 9	8:00am	Subaru Australian Interschool XC Champ	Falls Creek	Rob Osbourne	03 9813 4860
October					
Oct 3/4		Perisher Cup	Perisher	Klaus Pinkas	02 6285 4648



Phil Receiving his life membership from Jim

Liz Harvey the Ian Ryan Award winner with last year's winner Ronice and Jim

Birkebeiner Nordic Ski Club 2009 Life Membership Nomination & Citation

Phil Evans

I wish to formally nominate **Phil Evans** for a Life Membership of the Birkebeiner Nordic Ski Club based on his long and considerable involvement with the Club over many years. I have listed below just a few of the activities that he has been involved in and the responsibilities he has assumed.

Phil has been:

A Club member for 28 years.

An active member of the Club's Search and Rescue Unit almost from its inception.

He has acted as the Club's representative to the Bushwalkers Search and Rescue group for 15 years (1995-2009) and has organised local teams on many occasions throughout that time, always at short notice and often at very inconvenient times.

A general BNSC committee member for more years than I can remember attending almost all meetings over the years.

Acted as Club Tours co-ordinator on many occasions.

Co-ordinated the BNSC Emergency Services Display on Saturday 4 April '09 to highlight the place the Club has in the local Search and Rescue organisation.

Organised the Search and Rescue Display for our 30 year anniversary.

Devoted many hours and his labour during the building of the Club house at Falls Creek with Jim Crebbin.

Assisted on many working bees on trails, clubhouse, the Hoppet and many other activities over many years.

Been a member of the Hoppet Race Committee for approximately 8 years.

Acted as Chief of the Start/Finish and/or Chief of Race for the last 5 Hoppets.

In every sense Phil has been a most valued and valuable member of the Club and I consider him to be a most worthy nomination of a Life Membership. I trust the committee will feel the same.

Nominated by: Bruce Vine

Seconded by: Paul L'Huillier

15 April 2009

Club Calendar

June

Sun 28	10:30	Junior Joey Series 1	Falls Creek	Jenny Kromar	0439 999 788
Sun 28	11:00	Club Coaching Day	Falls Creek	57583408	

July

Sat 4	10:00	Birkebeiner Classic 2.5/5/10km	Falls Creek	J Bottomley	03 5754 1101
Sun 5	10:00	Ski de Femme 1/2.5/5km	Falls Creek	Ronice Goebel	03 5754 4910
Sun 19	13:00	Club Coaching Day	Falls Creek	57583408	
Sun 26	10:30	Junior Joey Series 2	Falls Creek	Jenny Kromar	0439 999 788
Thur 30	6:30	Mid Year Dinner	Rois	Ronice Goebel	

August

Sun 2	11:00	Club Coaching Day	Falls Creek	57583408	
Sat 8	9:30	Aust Sprint Camps Open/Jnr (F)	Falls Creek	J Bottomley	03 5754 1101
Sun 9	10:00	Aust Open 15/30km Champs (F)	Falls Creek	J Bottomley	03 5754 1101
Sun 9	10:00	Falls Creek Junior Cup 2.5/5/10(F)	Falls Creek	J Bottomley	03 5754 1101
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Sat 29	9:40	Australian Birkebeiner (F) 21km	Falls Creek	Race Secretary	03 5754 1045
Sat 29	9:50	Joey Hoppet(F) 7km	Falls Creek	Race Secretary	03 5754 1045

September

Sun 6	10:30	Junior Joey Series 4	Falls Creek	Jenny Kromar	0439 999 788
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New Members

Welcome to the following new members. Make them welcome as you come across them.

Crebbin (Tom) Family, Tom & Karen

Flanagan Family, Grant, Emma, Jeremy, Tim

Franzke Family, Ian, Carolyn, Rosie

Heystek Family, Rose, Albert, Jackson, Mariele, William

Hunt Family, John, Kay

Pollard Family, Michael, Angela, Hugh, Emma

Spittle Family, Narelle, Peter, Ashleigh

Rene Albiston

Marjalyn Henson

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